

## Effective Prayer

1. I release all of my past, negatives, fears, human relationships, self-image, future, human desires, sex, money, judgment and communication to the Light.
2. I am a Light Being. [It is my nature to love.]
3. I radiate the Light from my Light Center throughout my Being.
4. I radiate the Light from my Light Center to everyone.
5. I radiate the Light from my Light Center to everything.
6. I am in a bubble of Light and only Light can come to me and only Light can be here.
7. Thank you God for everything, for everyone, and for me.